

THA DC Instructions

Weight bearing as tolerated to operative leg, use walker or cane at all times. Follow hip precautions

No driving until 4-6 weeks following surgery

Ok to shower, dressing is waterproof. Leave dressing on at all times until follow up. No soaking/scrubbing over incision/dressing

Do home exercises as instructed 3-4 times a day

Start outpatient physical therapy the week after surgery

Follow up with Dr. Hazelwood as scheduled, approximately 2 weeks after surgery